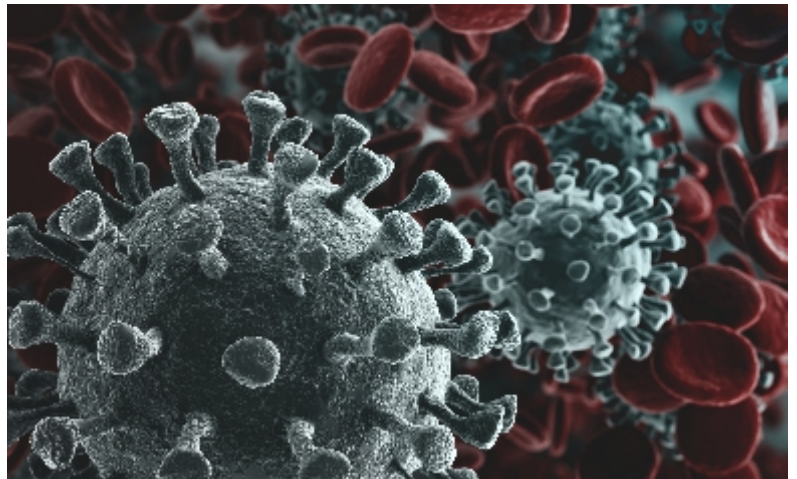**MARSH**

Coronavirus

What is Coronavirus

Coronaviruses (CoV) are a large family of viruses that cause illnesses ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV). A novel coronavirus (COVID-19) is a new strain that has not been previously identified in humans. [1]

How are Certain Coronavirus Transmitted?

Animal to person and person to person via infected air droplets. [2]

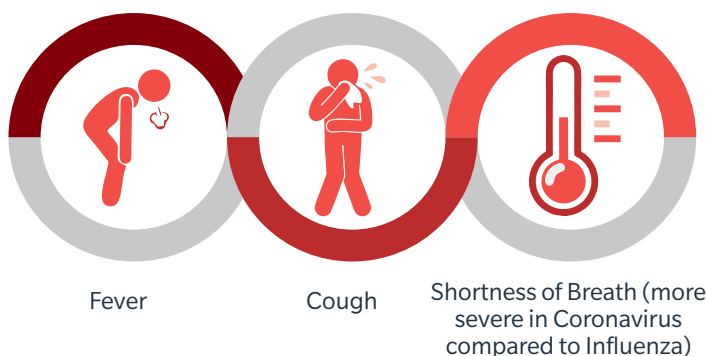### How are the Coronavirus and Influenza different?

Understanding the Disease

Far more studies have been performed on the Influenza virus to study its type, transmission, and severity. However, the presence of COVID-19 is new and requires further research and clinical studies.

Vaccines

Available for Influenza but unavailable for COVID-19 at the moment.

Signs and Symptoms

Fever

Cough

Shortness of Breath (more severe in Coronavirus compared to Influenza)

Did you know?

In severe cases, an infection can cause pneumonia, severe acute respiratory syndrome, kidney failure, and even death. Symptoms may appear in as few as two days or as long as 14 days after exposure.

MARSH & McLENNAN COMPANIES

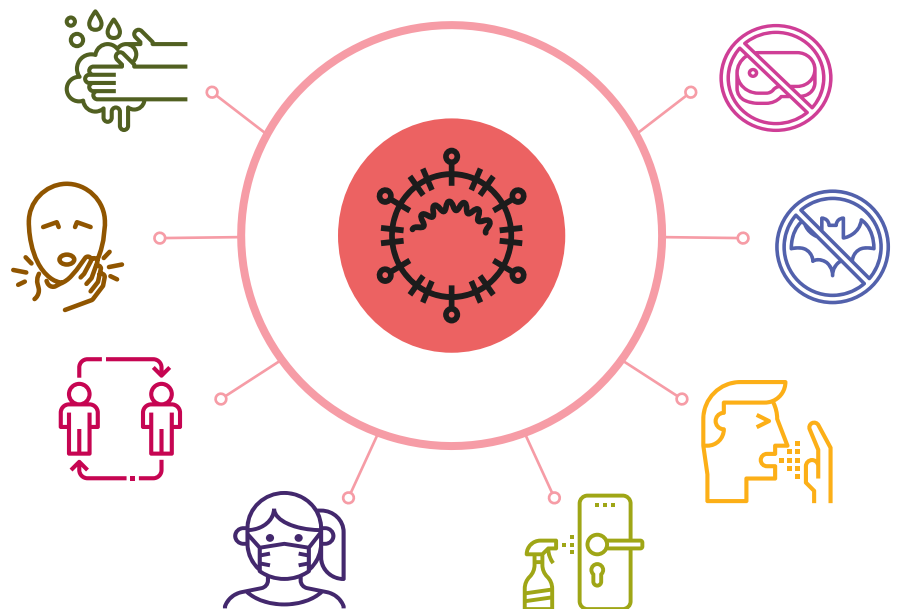## What Can I Do to Protect Myself?

The best way to prevent infection is to avoid exposure to COVID-19 and Influenza virus by [3]:

- Washing your hands often with soap and water for at least 20 seconds
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick or showing symptoms
- Wear a mask at all times in public areas if you are showing symptoms
- Stay home when you are sick or showing symptoms
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Clean and disinfect frequently touched objects and surfaces
- Avoid direct contact with wild animals, raw meat, and farms
- Avoid eating meat/eggs/milk that isn't thoroughly cooked

What to Do If You Think You Have the Coronavirus

If you show any symptoms, especially after having travelled to an affected area, or if you have close physical contact with any individual who has travelled to the affected area, please seek medical attention immediately and mention your recent travels to your doctor. Ensure that you avoid public or crowded places if at all possible, or remain at home. [4]

[1] https://www.who.int/health-topics/coronavirus

[2] https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html

[3] https://edition.cnn.com/asia/live-news/coronavirus-outbreak-01-28-20-intl-hnk/h_a91edea4402740f5b099514dee990f60

[4] https://www.marsh.com/ae/en/insights/risk-in-context/coronavirus-outbreak-what-you-need-to-know.html