

Mental Health Awareness



NEXT BEGINS NOW



Research shows that, where organisations effectively address mental health, productivity and profitability are improved over their peers.

Current Trends

- Mental health issues are common: 1 in 4 people will experience some form of mental health issue in any year; 676 million people are affected worldwide.¹
- Mental illness is the largest single source of burden disease in the UK.²
- Deteriorating mental health may affect attendance, performance, conduct, accidents, and near misses.³

Good mental health in the workplace should be a priority for any Board. The importance of reducing stigma, implementing early intervention, and providing appropriate support should not be underestimated by organisations.

1. & 2. <https://mhfaengland.org/mhfa-centre/research-and-evaluation/mental-health-statistics/>

3. <https://www.nhsemployers.org/~media/Employers/Publications/workplace-health-safety-standards.pdf>

Our Capabilities

ASSESSMENT

We will measure your current state of mental health wellbeing and progress to support your future strategy.

TRAINING PROGRAMMES

We can provide bespoke courses on Mental Health First Aid and Mental Health Awareness.

WORKSHOPS

We provide organisations with clear learning outcomes around early warning signs of mental ill health, suicide awareness, how to support wellbeing within individual teams, and factors which support recovery. We can help you run lunch and learn sessions on mindfulness, nutrition, financial matters, and wellbeing.

CLAIMS DEFENSIBILITY

Marsh can provide new or improved documentation (policies, risk assessment templates, guidance) and associated training, to develop better competencies around identifying and managing stress.

Improving mental health at work provides organisations with legal, moral, and financial benefits, such as:

- Increased understanding of the strengths and weaknesses of your mental health and wellbeing arrangements.
- An ability to demonstrate your organisation's commitment to mental health and wellbeing via a clear strategy and roadmap for continual improvement.
- Potential improvements to productivity, efficiency, talent attraction, and morale.
- Help ensure compliance with legal obligations relating to the health, safety, and welfare of your employees.
- Help demonstrate your moral duty of care towards employees and promote a happier, healthier workplace.
- Support the financial performance of the business, driving value.

For further information, please contact

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